

Suggested Donations For LifeWise Grocery Collection

Dry Goods

almond butter, canned tomatoes, canned tuna, cashew butter, cereal

dried beans – black, pinto, red

dried lentils

flour, grits, oatmeal, rice -brown or white, oatmeal

olive oil

pasta – whole wheat, regular

peanut butter

spices

sugar

Frozen

chicken breasts, fish filets, ground beef, ground chicken, ground turkey

Fruits & Vegetables

fresh, frozen

Perishables

almond milk, butter, cheese, coconut milk, eggs, soy milk, yogurt

Grocery Store Gift Cards